



Shoshin Ryu Yudanskakai Newsletter

The official newsletter of
Shoshin Ryu Yudanshakai

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Medford Judo Academy Joins Shoshin Ryu

By Professor Bob McKean

Twenty-four miles north of the California border and just a couple miles south of the City of Medford, Oregon, is the small town of Phoenix – that would be Oregon, not Arizona. There you will find the Medford Judo Academy and its senior instructor, Professor Larry Nolte.

Professor Nolte began studying Danzan Ryu Jujitsu in 1958 and received his shodan from Professor Bud Estes in 1960. In 1962 he became the sensei of the Medford Judo Academy. The Medford Judo Academy has been located in the same building since 1960, making it the oldest and longest established Danzan Ryu dojo to be located in the same location and instructed by the same sensei. Fifty-two years and still going strong, that's a testament to hard work and dedication.

Professor Nolte is a retired public school teacher with thirty-five years of service. He coached wrestling at the high school and junior high levels for more than thirty years. Over the years he has not only trained the children of many of his high school students but their grandchildren as well.

He was awarded the title of Professor by the American Judo & Jujitsu Federation in 2005. He currently holds the rank of shichidan and is a member of the Senior Advisory Board of the Pacific Jujitsu Alliance.

More than forty Medford Judo Academy students have earned their black belt from Professor Nolte. One of these black belts is Professor Troy Shehorn (rokudan). Professor Shehorn has been a student of Professor Nolte since 1976 and is Professor Nolte's senior student.

After being on the mat for over fifty years, you can still find Professor Nolte in the dojo every Tuesday and Thursday evening. If you are ever in the area you are always welcome to come by and work out with us. For our location and class times go to www.medfordjudoacademy.com.



Inside this issue:

<i>Medford Judo Academy</i>	1
<i>The History of Shoshin Ryu: Vol. 1</i>	1
<i>Yudansha Notes</i>	2
<i>Events around Danzan Ryu</i>	2
<i>Words of Wisdom</i>	2
<i>Freestyle Contest Results</i>	3
<i>Black Belt Profile</i>	4
<i>Pictures from the History of Shoshin Ryu</i>	4



The History of Shoshin Ryu: Vol. 1

The History of Shoshin Ryu is now available on Amazon.com and on the OutskirtsPress websites. It took nine months to write and was produced through countless interviews with Professors Mike Chubb, Bill Fischer, Len Riley, Jon Jacques, Kevin Dalrymple, Steve McMillan, Roger Medlen, and a host of others. For some it will be a trip down memory lane, for others it will be an essential part of understanding the roots of Shoshin Ryu.

www.outskirtspress.com/bookstore/9781432786458.html

Click the book cover to go to Amazon.com

Advertisements:

- Black Belt Weekend Flyer on Page 4
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Congratulations to the Anaheim Shoshin Ryu dojo, \$50 dollars richer.

Shoshin Ryu Awards for 2012

Even though Shoshin Ryu did not have a reunion this year, we made it a point to still hand out our annual awards. This years award recipients were:

Danzan Ryu Hall of Fame: Professor Mel Cansibog (AJI)

Instructor of the Year: Professor Dave Williams

Lamplighter Award:

Yudansha Notes

Shihan Barry Holck (Kodenkan Yudanshakai)

Professor Francisco Limbago Spirit of Koku Award: Professor William Randle

Shoshin Ryu Lifetime Service Award: Professor Clyde Zimmerman

Professor James L. DeHaven Larger Than Life Award: Professor H. Bruce Stokes

Luciani Service Award: Christopher Chubb

We would like to extend our congratulations to this years award recipients.

And the Winner is...

This quarter's winner of the \$50 visa gift card is the Anaheim Shoshin Ryu dojo of Sensei Steve Davis. For the official results of the drawing, just send an e-mail to Srynewsletter@aol.com and I'll send them out to you.

Events Around the World of Danzan

In the coming months a slew of events are going to happening around the world of Danzan Ryu. If you have a need to travel or just go out and visit your fellow yudansha, here is an idea of where you can go and what you can do.

On December 1 and 2, the Fox Valley Dojo in Naperville, Illinois, will be celebrating their 20th anniversary. Professor Bob

McKean will be the special guest instructor for the weekend.

The cost for the seminar is \$85 for black belts – who get an extra session on Friday night – and \$70 for everyone else. this includes a dinner at the banquet on Saturday night. For more information go to www.Martialartstraining.com.

The Pacific Jujitsu Alliance will be hosting a basic

dojo massage course on February 2 and 3, 2013. Sensei Robert Korody will teach the course, he is an M.S. P.T. L.Ac. NYS licensed Physical Therapist, Acupuncturist, practitioner and instructor of Okazaki massage. The course is going to happen at 915 Main Street in Pleasanton, California, and the cost is \$40. For more information, contact Chris Nicholas at Chrisn@pacificselfdefense.com.

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The Danzan Ryu Ohana Black Belt Weekend is going to occur on June 1 and 2, 2013. It will be hosted by Professor Rory Rebmann and the Amador Jujitsu Studio at 847 Rincon Ave., Livermore, CA. the cost is \$50 for both days if you register early. At the door registration will be \$60 for both days. For more information, contact Professor Bob McKean at Cop2rn@aol.com.

Words of Wisdom

"He who knows all the answers has not yet been asked all the questions." - *unknown*

"Honesty is something you can't wear out." — *Waylon Jennings*

"An idea that is developed and put into action is more important than an idea that exists only as an idea."

— *Buddha*

"Where there is no will, there is no way." — *Thomas Szasz*





Freestyle Contest Results

On Saturday, October 7, 2012, more than twenty competitors and several judges from assorted southern California dojos, gathered at the Downey YMCA for a freestyle contest. It has been a few years since anyone has hosted such an event, a more than a few ghi wearing yudansha showed up to watch the proceedings.

It turned out to be a really fun contest. The impressive thing was the fire in the eyes of many of the competitors. Perhaps it was the pressure of not knowing which attack was coming, or maybe it was the realization that they weren't limited to a practiced and canned techniques, but the longer they stayed on the mat, the more confident and focused each of the competitors became.

The best technique of the day came from Sensei Gregory Poretz from Kenshokan. When faced with a multiple attacker situation, he simply ran off the mat in the opposite direction. Regardless of how effective that particular technique was, the judges reminded him that he had to do a recognizable JIJITSU technique and not simply show his physical fitness. In the end it was the two attackers who probably wished they would have allowed the first technique to be scored.

After the contest was over, Roberto Loya from Santa Ana Shoshin Ryu said, "I came to watch. I didn't know what this contest was going to be like. But I'm going to do the next one for sure. That looked like it was a lot of fun."

Jr. 10-12 group A

1. Andrew Paulo-Assefa Downey YMCA
2. Vlad Solodisy Kenshokan
3. Ivan Corona Downey YMCA

Jr. 10-12 group B

1. Maximus L. Kenshokan
2. Marlon Ramos Downey YMCA
3. Kaily Poretz Kenshokan

Sr. Novice

1. Manuel Belmontes Kenshokan
2. Vincent Ibarra Downey YMCA

Sr. Intermediate and Advanced group A

1. Jonathan Jenkins Downey YMCA
2. Matthew Jenkins Downey YMCA
3. Afshin Pourreza West Coast Jujitsu Club

Sr. Intermediate and Advanced group B

1. Mark Romero Downey YMCA
2. Daniel Romero Downey YMCA
3. Vivian Belmonte Kenshokan

Black Belt

1. Greg Poretz Kenshokan

Black Belt Profile

Name: Sensei Irene H. Swanson

Rank: Rokudan (Matsuno Ryu Goshinjitsu)

Number of years doing the martial arts: 25+

Styles studied: Matsuno Ryu Goshinjitsu, Danzan Ryu Jujutsu, Shin Shin Sekiguchi Ryu Batto Jutsu, Kodenkan Bokkendo, Shoyrin Ryu Karate, Goju Ryu Karate, Wado Kai Karate

Favorite book: I do have quite a few martial arts books. However, I like to read a good mystery. I have read all of Lisa Gardner's books, and I am currently reading thrillers written by Kevin O'Brien.

Favorite movie: I don't have one, but I prefer funny movies

Favorite actor: Tom Hanks

Favorite actress: Meryl Streep

Favorite food: I like to eat, and I like all kinds of food. Some of my favorites are sashimi tuna, nigiri eel sushi, and cold ramen noodles.

Favorite activity away from Jujitsu: Running, I have run two half-marathons and I love the activity. I am hoping to run a marathon sometime in the future.

Favorite Ice cream: I am not much of an ice cream fan. I do like real Italian ice cream, like peach, lemon, raspberry, or anything sour.

Most memorable moment in the martial arts: Sensei Chinen's Gasshuku in Spokane, Washington, in 2004

Favorite thing about practicing Danzan Ryu: Being able to do it.

Four famous people, who can be from any time or place, that you would like to invite to dinner: The Dalai Lama, Albert Einstein, and my grandparents

Biggest inspiration: I get my inspiration from the beauty of nature and the wonderful people that I have met in my lifetime, like Prof Imi Okazaki-Mullins, a great martial artist and a wonderful person. Mary Croft, a fellow runner, 66 years old and still running marathons. Bryn Enright, a fellow co-worker and friend, her positive attitude in her battle of fighting cancer is remarkable. Quote: "fighting cancer it takes a village. David Lovitt, martial artist and first student of the Kodenkan Yudanshakai (founded in 1967), who still trains regularly twice a week.



Sensei Irene Swanson

The History of Shoshin Ryu Through Pictures



The people who were there in Reno, Nevada, in 1989, will attest to the amount of snow on the ground. Highways were closed, it took Professors Chubb, Fischer, and Randle twenty-four hours to get to Reno. Some people who flew were diverted to Boise, Idaho. In all the snow dampened the trip for many. But when Professor Clyde Zimmerman says he's going to have a banquet, he has one. It went on as planned and though it was a struggle for most of the jujitsu world to get there, it turned out to be well worth their time.

(Photo courtesy of Professor William Fischer)



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mailing list, send an email to:
Srynewsletter@aol.com



Shoshin Ryu Yudanshakai:
Dedicated to the art and principles of
Danzan Ryu Jujitsu

Join us at
www.shoshinryu.com
Friend us on Facebook

Danzan Ryu Ohana Black Belt Weekend

June 1 & 2, 2013

Saturday & Sunday - 9 AM - 4 PM

Host Dojo: Amador Judo & Jujitsu, Professor Rory Rebmann
847 Rincon Ave., Livermore, CA. 94551 (925) 455-6054
Amadorstudio@aol.com

*Co-Hosted by the Kilohana Martial Arts Association, Pacific Jujitsu Alliance
and Shoshin Ryu Yudanshakai.*

This special black belt weekend will allow attendees to learn in an open kata format.

You will be exposed to a number of Okuden arts taught by different
DZR Professors from several DZR organizations.

Clinics are open to all DZR Black Belts.
DZR 1st kyu (ikkyu) brown belts are welcome to attend and participate in the Shinin no
Maki clinics only.

The weekend clinics have been arranged so Black Belts attending will be able to
participate in both Shinin no Maki and Shinyo no Maki clinics. Each clinic will be
repeated twice during the weekend and will be team taught by at least 3 different DZR
Professors from different DZR organizations. At this time 8 different clinics have been
scheduled.

There will be a no-host dinner at a local restaurant on Saturday night

Clinic Fee

Registration before the event
\$35 per day - or - \$50 for both days

Registration at the door
\$45 per day - or - \$60 for both days

Information on guest instructors, clinic schedule, registration form, clinic
waiver form, Saturday night dinner, local hotels and other related
information will be sent out in early 2013

For addition information please contact
Professor Bob McKean
Cop2rn@aol.com

It's the end of the year. Be sure to get those memberships turned in
for 2013. You can register on line at:

www.shoshinryu.com