



Shoshin Ryu Yudanskakai Newsletter

The official newsletter of
Shoshin Ryu Yudanshakai

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A List of ALL the Reasons Why You SHOULD NOT Go to Ohana 2014

By
Professor Bryan Stanley

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"I do plan to be in attendance and teach at the Ohana and look forward to teaching my class and interacting with all my friends, old and new ." - O-Sensei Glenn Medici.

Get Well Soon O-Sensei Medici

O-Sensei Glenn Medici is a long time friend of Shoshin Ryu. He was vital back in the day in introducing Professor Joseph Holck to all the members of Shoshin Ryu.

With that in mind, it was both troubling and relieving to read that he

Yudansha Notes

had been both in and out of the hospital for a heart procedure.

In his own account, he says that he feels better even though after the procedure he felt as though he had gone fifteen rounds with King Kong.

His hope was that he could put off the what

had to be done until after Ohana 2014, but his heart would not wait.

In any event, he says that he will be ready to teach in June and plans to be at Ohana.

Just goes to show that even a heart issue cannot keep people away from Danzan Ryu's Seminal event.

Demonstration Arts Clinic

Fourteen courageous black belts and brown belts from around the southern California area, braved the hot, dry, desert-like climatic conditions of Rancho Santa Margarita on Saturday, March 29, to learn and review the Danzan Ryu Demonstration Arts.

The clinic was held at Professor Len Riley's dojo, and it was, as always, a very nice place to have

a clinic or event.

Professor Bryan Stanley taught the clinic and no one was hurt or maimed.

Going over the techniques was an enriching experience for both the first timer and those who had done the techniques for years.

Unfortunately for Professor Stanley, a video was made of the clinic. If you ever get to see it, make

sure to stick around after the movie and see the blooper reel.

Those who attended had a good time.

The best moment of the day was when Professor Riley explained a technique in crystal clear terms, "This is one of those Danzan Ryu techniques where you kill the guy, then do more stuff to him."

Words of Wisdom

"Life is what we make it, always has been, always will be." - *Grandma Moses*

"You may never know what results come from your action. But if you do nothing, there will be no result." - *Gandhi*

"You were not born a winner, and you were not born a loser. You are what you make yourself to be." - *Lou Holtz*





All the Reasons Why You SHOULD go to Ohana 2014

By
Professor Bryan Stanley

On page one of this newsletter I listed all the logical reasons that one should miss Ohana 2014. The list was thorough, extensive, and, if I do say so myself, irrefutable.

In order to be fair to those people who have struggled and worked to make sure that Ohana 2014 is going to be a big hit, I feel it is necessary for me to list all the reasons why one should go to Ohana 2014, after all, it must be done in order of afford equal time to an opposing view point.

The first thing is the amount of time necessary for the event. It starts on Friday and ends Sunday. If you play your cards right, you'll be back home on Sunday night before the sun goes down. This condensed format is going to make the time even better since there will be almost no down time for forty-eight hours.

Then we have the clinics. Two days of clinics with some of the finest instructors in Danzan Ryu. The instructors list is like a modern day Danzan Ryu Hall of Fame: Professors Willy Cahill, John Congistre, William Randle, Rory Rebmann, James Muro, Sam Luke, Bill Fischer, Dan Saragosa, and Larry Nolte. The list continues with more and more superstars of Danzan Ryu like Professors Ken Eddy, Jason Spencer, Doug Kiehl, Ron Jennings, Sue Jennings, Bob McKean, Janice Okamoto, Jon Jacques, Hans Ingebretsen, and a whole host of others. One of the highlights of the weekend is the opportunity to learn from Professor Harold Akira Horiuchi, one of the few people left who learned from Professor Okazaki. If you have not been to an Ohana day of clinics, be ready for a smorgasbord of Danzan Ryu.

Still Ohana 2014 has more to offer. The American Jujitsu Institute is celebrating its 75th anniversary on the weekend of the Ohana celebration. The party is going to happen on Friday night, and the institute has promised an evening of entertainment and fun. For a paltry twenty-five dollars, you can be a part of the celebration for the oldest organization in Danzan Ryu. It will be fun.

More? Is there still more? Of course! Sunday morning for all you competitors will be the start of the Ohana 2014 National Jujitsu Kata Tournament. The juniors will go first in the morning and the senior students will participate in the afternoon. So find yourself an uki, polish up your best techniques, and make a run at a national championship. What the heck! You miss 100% of the shots you don't take.

One of the unmeasurable benefits of going to any Ohana is making friends. One thing that Professor Bill Fischer has said is "You can learn more about someone during five minutes on the mat, than you can during an hour of conversation." During the clinics you are going to work out with and make friends with people from all over the United States. As an example, at Ohana 2012 in Honolulu, Troy Bertrand from Huntington Beach, California, spent the morning working out with Lester Kiehl from Pennsylvania, then they sat down and had lunch together. That kind of thing happens all the time. That is the joy of Ohana.

On Saturday Night all of the attendees can be part of the Ohana 2014 Banquet. Be part of what is traditionally an evening of hobnobbing with the movers and shakers of Danzan Ryu. It is an opportunity to spend time with all the members of the Danzan Ryu community and celebrate the best within us.

More fun exists — I did not touch on any of the entertainment places around the hotel — suffice to say, that Ohana 2014 is going to be a raucous good time. One that you will want to be a part of.

'Ohana 2014
June 20-22, 2014



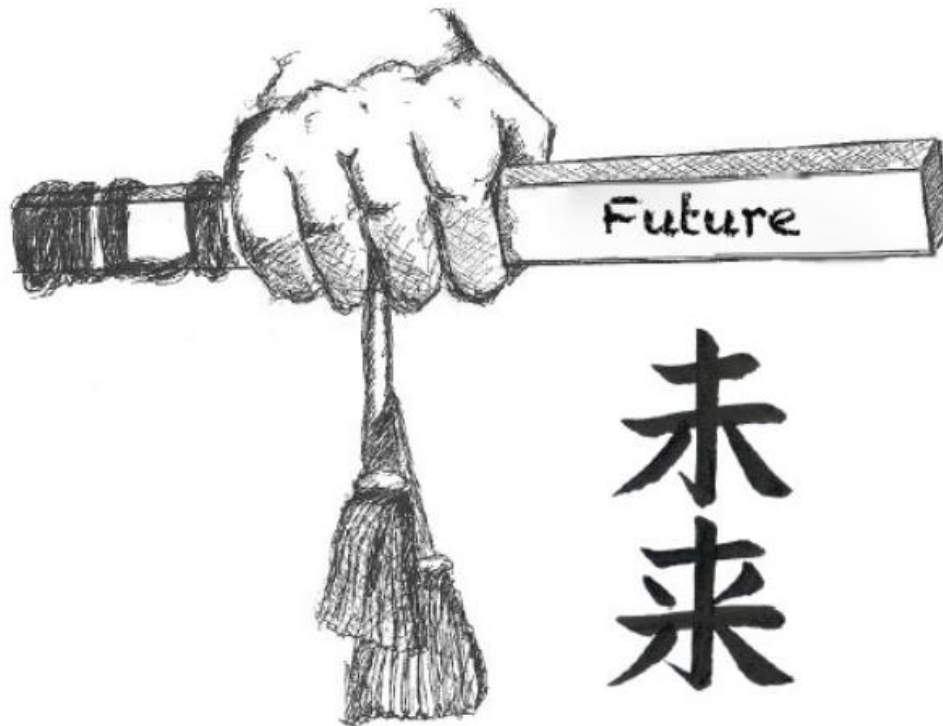
"Danzan Ryu Jujitsu.....the legacy lives on"





'Ohana 2014

June 20-22, 2014



"Danzan Ryu Jujitsu.....the legacy lives on"

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Until May 15, 2014!!!**

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www.ohana2014.com

Any questions contact Bob McKean at cop2rn@aol.com or
Hans Ingebretsen at hansingebretsen@yahoo.com

Shoshin Ryu Yudanshakai



Jujitsu Kata Competition

Hosted by:

Goldenwest Dojo

Held at

The First Baptist Church of Westminster

14200 Goldenwest St.
Westminster, CA 92683

May 31, 2014

9:00 AM Registration And Contest Starts at 10:00 AM

**Contest Fee: \$10 for Shoshin Ryu members
\$35 for non members**

(Fee includes Shoshin Ryu membership)

For more information go to www.shoshinryu.com





Division Requirements For Jujitsu Kata Competition

Youth Novice 5-8 years:

- * 4 Strength/Coordination Techniques
- * 4 Rolling/Falling Techniques
- * 2 Open Techniques (excluding Constriction, Combination, Weapon, Advanced and/or Multiple Attack Techniques)

Youth Novice 9-10 years:

- * 2 Strength/Coordination Techniques
- * 2 Rolling/Falling Techniques
- * 2 Hand Techniques
- * 1 Throwing Technique
- * 1 Constriction Technique
- * 2 Open Techniques (excluding Strength/Coordination, Combination, Weapon, Advanced and/or Multiple Attack Techniques)

Youth Novice 11-13 years:

- * 2 Rolling/Falling Techniques
- * 2 Hand Techniques
- * 2 Throwing Techniques
- * 2 Constriction Techniques
- * 2 Open Techniques (excluding Strength/Coordination, Combination, Weapon, Advanced and/or Multiple Attack Techniques)

Youth Novice 14-16 years:

- * 2 Rolling/Falling Techniques
- * 2 Hand Techniques
- * 2 Throwing Techniques
- * 2 Constriction Techniques
- * 2 Open Techniques (excluding Strength/Coordination, Combination, Weapon, Advanced and/or Multiple Attack Techniques)

Adult Hachikyu-Rokkyu (8th -6th Kyu) :

- * 2 Hand Techniques
- * 2 Throwing Techniques
- * 2 Constriction Techniques
- * 2 Open Techniques (excluding Strength/Coordination, Weapon, and/or Multiple Attack Techniques)
- * Combat Scene

Adult Sankyu-Ikkyu (3rd-1st Kyu)

- * 1 Hand Technique
- * 1 Throwing Technique
- * 1 Constriction Technique
- * 1 Combination Technique
- * 1 Reverse Technique
- * 1 Weapon Technique
- * 2 Open Techniques (excluding Strength/Coordination, Rolling/Falling Techniques)
- * Combat Scene

Youth Intermediate 6-8 years:

- * 2 Strength/Coordination Techniques
- * 2 Rolling/Falling Techniques
- * 2 Hand Techniques
- * 1 Throwing Technique
- * 1 Constriction Technique
- * 2 Open Techniques (excluding Constriction, Combination, Weapon, Advanced and/or Multiple Attack Techniques)

Youth Intermediate 9-10 years:

- * 2 Rolling/Falling Techniques
- * 2 Hand Techniques
- * 2 Throwing Techniques
- * 2 Constriction Technique
- * 2 Open Techniques (excluding Strength/Coordination, Combination, Weapon, Advanced and/or Multiple Attack Techniques)

Youth Intermediate 11-13 years:

- * 2 Hand Techniques
- * 2 Throwing Techniques
- * 2 Constriction Techniques
- * 2 Open Techniques (excluding Strength/Coordination, Combination, Weapon, Advanced and/or Multiple Attack Techniques)
- * Combat Scene

Youth Intermediate 14-16 years:

- * 2 Hand Techniques
- * 2 Throwing Techniques
- * 2 Constriction Techniques
- * 2 Open Techniques (excluding Strength/Coordination, Combination, Weapon, Advanced and/or Multiple Attack Techniques)
- * Combat Scene

Adult Gokyu-Yonkyu (5th-4th Kyu)

- * 1 Hand Technique
- * 2 Throwing Techniques
- * 2 Constriction Techniques
- * 1 Combination Technique
- * 2 Open Techniques (excluding Strength/Coordination, Weapon, Advanced and/or Multiple Attack Techniques)
- * Combat Scene

All Black Belt Division

- * 1 Hand Technique
- * 1 Throwing Technique
- * 1 Constriction Technique
- * 1 Combination Technique
- * 1 Reverse Technique
- * 1 Weapon Technique
- * 1 Advanced Technique
- * 1 Multiple Attack Technique
- * 2 Open Techniques (excluding Strength/Coordination, Rolling/Falling Techniques)
- * Combat Scene

March 22, 2014, Sumo Contest





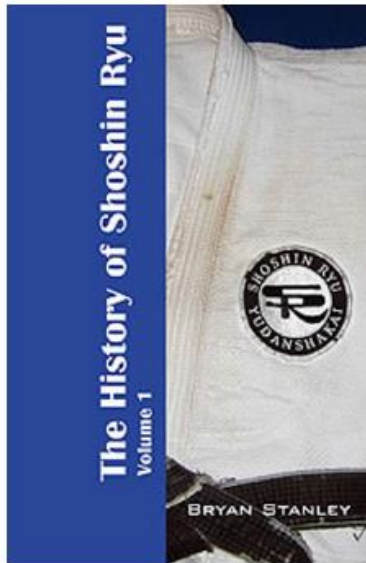
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Shoshin Ryu Yudanshakai:
Dedicated to the art and principles of
Danzan Ryu Jujitsu

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The History of Shoshin Ryu, Vol. 1

The History of Shoshin Ryu is now available on Amazon.com and on the OutskirtsPress websites. It took nine months to write and was produced through countless interviews with Professors Mike Chubb, Bill Fischer, Len Riley, Jon Jacques, Kevin Dalrymple, Steve McMillan, Roger Medlen, and a host of others. For some it will be a trip down memory lane, for others it will be an essential part of understanding the roots of Shoshin Ryu.

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Click the book cover to go to Amazon.com

Be Sure to visit the Danzan Ryu Bookstore at
<http://www.danzan.com/HTML/bookstore.html>
See what Professor George Arrington has to offer!

Promotions

10th Kyu:

Avalon McNary	BCJC
Jordan Quintana	BCJC
David Rivera	BCJC
Caleb Walker	BCJC
Hayden Walker	BCJC

9th Kyu:

Michael Bagley	BCJC
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8th Kyu:

Carson McCoy	BCJC
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5th Kyu (Gokyu):

Sydney Burkholder	Goldenwest Dojo
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3rd Kyu (Sankyu):

Lynda Burkholder	Goldenwest Dojo
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2nd Kyu (Nikyu):

Joe Davis, Jr.	Goldenwest Dojo
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A Look at the Past

Pictures like this should remind us that giants have walked among us. Many of them still do. For that reason we are all blessed.



