



Shoshin Ryu Yudanskakai Newsletter

The official newsletter of
Shoshin Ryu Yudanshakai

Volume 31, Issue 4
July/August 2013

Please Book Your Rooms Before July 19th!

Inside this issue:

SRY Reunion 1

Yudansha Notes 2

West Coast Jujitsu 2

Words of Wisdom 2

Saturday at the Ohana
Black Belt Weekend 3

Ohana 2014 4

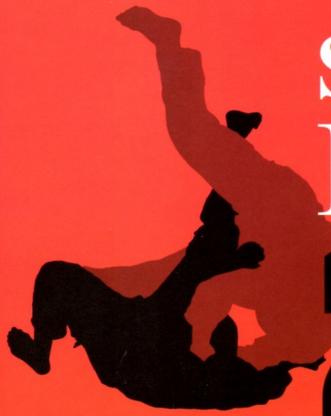
A Look at the Ohana
Danzan Ryu Black Belt
Weekend 2013 5

Hunas, Hodads, and other
Posers 6

Danzan Ryu Hall of Fame 8

Advertisements:

- Ohana 2014 - Page 4
- History of Shoshin Ryu,
Vol. 1 - Page 8
- Danzan Ryu Bookstore -
Page 8



SHOSHIN RYU REUNION 2013

August 9th - August 11th

Conference schedule will include extra time so that you
can visit local theme parks and other attractions.



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www.shoshinryu.com
So mark your calendars for a great time!**

Either click on the link or paste it in your browser to register

http://www.shoshinryu.com/?page_id=2286

“Quote from Story.”

Our Condolences

The entire Shoshin Ryu Organization would like to extend our condolences to Professor Kevin Dalrymple for the passing of his mother Carol Dalrymple on June 16.

Promotions

Professor Chubb has make the following promotions at the Boulder City Jujitsu Club:

Jukyu -
Savannah Linn

Yudansha Notes

Hachikyu -
Sam Werkema
Rokkyu -
Keoni Rapoza
Gokyu -
Joseph Pando
James Rapoza
Dustin Sands
Yonkyu -
Austin Roefer
Sankyu -
Denzil F. Mooney

Nidan -
Christopher Chubb
Tanner Bethany

Get Well Soon

Professor Sue Jennings is going to miss the Shoshin Ryu Reunion this year and in doing so is going to keep Professor Ron Jennings from participating as well. She is going to have foot surgery and is going to be sitting with her foot up rather than being thrown around the mat.

Get well soon Professor Jennings. We are looking forward to seeing you in the future.

West Coast Jujitsu Studio



A few years ago I described Professor Len Riley as the Johnny Appleseed of Danzan Ryu. He has started or been head sensei at five dojos and now has started his sixth.

The West Coast Jujitsu Studio is located in Rancho Santa Margarita at 22431 Antonio Parkway Suite B-150.

The dojo has over 2100

square feet of area and 800 square feet of mat area, which is plenty if you ever go there to see or take a class.

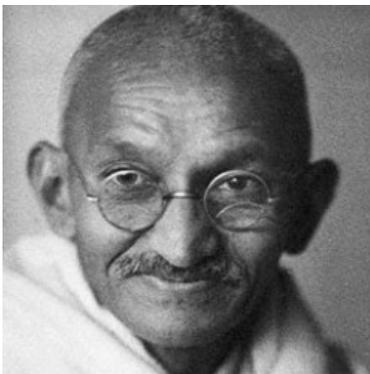
What impressed me about the dojo was the space to work out and the space itself, both are clean and pretty.

If you have any questions you can contact Pro-

fessor Riley at 949-858-8403 or through facebook West Coast Jujitsu or at www.westcoastjujitsu.com



Words of Wisdom



“If we could change ourselves, the tendencies in the world would also change. As a man changes his own nature, so does the attitude of the world change towards him. ... We need not wait to see what others do.” - *Gandhi*

“The content of your character is your choice. Day by day, what you choose, what you think and what you do is who you become.” - *Heraclitus*

“The future belongs to those who believe in the beauty of their dreams.” - *Eleanor Roosevelt*



Saturday at the Danzan Ryu Ohana Black Belt Weekend

By Bryan Stanley

On June 1, 2013, finding parking at the Amador Judo and Jujitsu Studio was a bit difficult. On one side the parking lot was a rummage sale that Ashley Rebmans' dance class was putting on, which took up space, and then there were the cars from all the black belts participating in the clinics at the studio. This was a far cry from the 2012 event, it turned out that this year's black belt weekend was far more successful.

The success could be found in a number of things, but perhaps the most important was the cooperation between three organizations to promote the event. Another important factor was Professor Bob McKean's desire to make sure the weekend was a first class event, which he accomplished.

If one knows the Rebmans' studio, there are four rooms, one small, two medium, and one large. The day started in the large room with an introduction of the professors, which included Professor Rory Rebmans, Professor John Congistre, Professor James Muro, Professor Bill Fischer, Professor Ken Eddy, Professor Russel Coelho, Professor Tom Jenkins, Professor Mike Esmailzadeh, Professor Larry Nolte, Professor Hans Ingebretsen, and Professor Bob McKean, just to name a few.

The day was broken into half-hour and hour-and-a-half segments. The first event of the morning was to have Professor Fischer speak about ethics and conduct of black belts. It was an apropos topic considering more than eighty black belts were at the event.

After Professor Fischer's talk, the participants chose which of three clinics they wanted to attend. The choice this morning was the first half of Shinyo, the first half of Shinin, or the second half of Shinin. (On a personal note I took the Shinyo class taught by Professor Ken Eddy, I don't get to go over that very often, so it was fun. He's also a great teacher.) Each mat was full, as could be expected, and black belts managed to sweat through their ghis.

Then came another half-hour talk, then lunch, then after lunch another half-hour discussion and then an hour-and-a-half clinic to choose from. It was either the second half of Shinyo, Oku for the street, or Shime for the street. (Again, because I am a glutton for punishment and I like to finish what I start, I went to the second half of the Shinyo clinic. Where I got my bell rung because I did a bad backfall.) After that session, the group got to choose any of three other hour long sessions and the day was done.

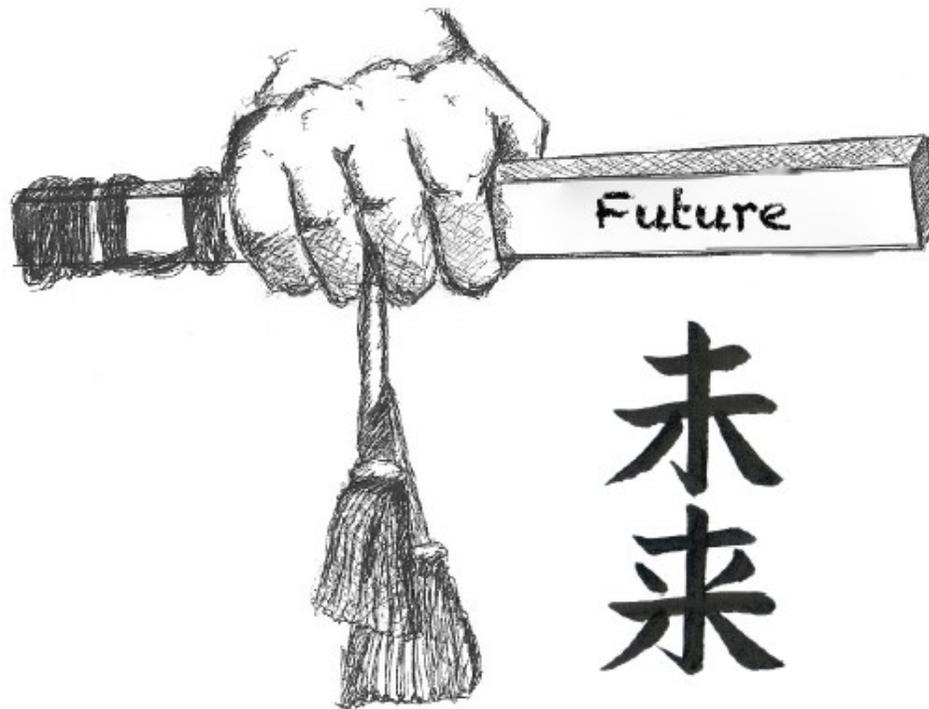
From a personal point of view the weekend had any number of positive aspects to it. The first was the level of camaraderie of the participants. The black belts who showed up were there for the fun. It was an opportunity for everyone to get together and compare ideas and techniques. The leaders on the mats, because they weren't really instructors as much as they were guides, opened up each technique for analysis and other applications and variations. One did not leave the mat with the idea that the clinic was a dogmatic display of personal philosophy.

The information from Professor Bob McKean said that the weekend had fifteen Danzan Ryu professors and sixty-six black belts from eight different Danzan organizations. If this is a warm-up for Ohana 2014, then some of the worries about that event should be alleviated. It appears that the partnership between the Pacific Jujitsu Alliance and Kilohana will prove fruitful in getting the message out about Danzan Ryu's next big event on June 20-22, 2014.

"...because I am a glutton for punishment and I like to finish what I start, I went to the second half of the Shinyo clinic. Where I got my bell rung because I did a bad backfall."

'Ohana 2014

June 20-22, 2014



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Any questions contact Bob McKean at cop2rn@aol.com or
Hans Ingebretsen at hansingebretsen@yahoo.com

A Look at the Danzan Ryu 'Ohana Black Belt Weekend 2013

by Chris Nicholas, Rokudan

Photos courtesy of Ernie DeMoss

In almost any Martial Arts Event, there are certain moments that stand out. That was not the case this past weekend, however. Every moment stood out. The Danzan Ryu 'Ohana Black Belt Weekend saw 15 Professors sharing their knowledge with 66 black belts in three different classrooms in one of the most unique formats I have ever seen. There were Professors and Students from the Pacific Jujitsu Alliance, Kilohana Martial Arts Association, Shoshin Ryu Yudanshaki, American Jujitsu Institute, Jujitsu American, American Judo & Jujitsu Federation and Bushidokan Federation. And at the end of the first day, it peaked in an historic moment.



On Saturday morning we knew it was going to be a great day, although a bit hot with temperatures in the 90's. It started with the bow in and explanation of the day's events. Then Professor Bill Fischer gave an outstanding lecture on Ethics in the Martial Arts. After that, the group split up and started to get sweaty. Shin-in No Maki and Shinyo No Maki split into three rooms. All rooms had two main Professors in charge but the doors were kept open and the other Professors would wander in to share their perspective on an art they truly loved. All the different Professors working together in all the different classes so that everyone benefited, no matter which classroom they were in.

After the first set of classes, it was time to cool down a bit as Professor Bob McKean shared concepts of Dojo Management. It was an open forum as students asked questions but also shared their experiences of what worked and what did not when running a school. Then it was off for a quick lunch and back on the mat for Prof Mike Esmailzadeh who discussed the techniques of teaching.

Then time to ramp it up again, as half the group trained the back half of Shinyo No Maki while the other half were shown how to take Shime No Kata and Oku No Kata to the next level. Professors Hans Ingebretsen and Ken Eddy led Shinyo No Maki while Professors Bob McKean and Russel Coelho raised our awareness in the Shime and Oku class. I worked in the Shime/Oku class, and Professor James Muro would share little tidbits of knowledge with me and my best friend, Mike Tucker. This knowledge came at a price though as we were then asked to demonstrate those enhancements to the class at large so that everyone got a new perspective on the arts.



Finally the day concluded with Tessen No Maki, Tanto No Maki, and Diato No Maki. No one was left wanting in those classes as the Professors Esmailzadeh, Jenkins, Nolte, Shehorn, Spencer and Eddy shared these traditional arts, but with a little twist here and there to take things up a notch.

When it was time to call it a day, we gathered in the main room to bow out. But first the three host organizations, Shoshin Ryu, Kilohana, and Pacific Jujitsu Alliance awarded some special promotions to a few of their Black Belts. It was at this point we witnessed history as Prof Larry Nolte received his Hachidan. Prof Nolte, who is Senior Instructor at the Medford Judo Academy (the oldest Danzan Ryu School still open and in the same location), received his Shodan from Prof. Bud Estes in 1960. Prof Nolte was praised by Prof Muro and Prof Rebmann for his years of devotion to Danzan Ryu Jujitsu. But it didn't stop there as Prof Fischer then announced that this quiet and humble man was this year's inductee to the Danzan Ryu Jujitsu Hall of Fame. (see **"A Look at..."** on page SEVEN)

HUNAS, HODADS, AND OTHER POSERS

By Wm. M. Fischer, Prof.

If there is one thing that the martial arts has, it is honorific titles. We have Renshi, Kyoshi, Hanshi, Shihan, Dai-Shihan, Tasshi, Professor, Senior Professor, Professor Emeritus, Grandmaster, Great Grandmaster, Really Great Grandmaster---the beat goes on. The current *title du jour* popped up only recently in conversation: the title of "Huna."

I had never heard this term and was decidedly curious as to what a Huna was. In researching it on the Internet, I discovered several interesting things. [Wikipedia](#) describes Huna as a "non-native Hawaiian word adopted by Max Long which he coined in 1936 to describe his theory of metaphysics which he linked to ancient Hawaiian "Kahunas," or experts. Huna, the Hawaiian word for "secret," dealt with religious beliefs and practices which Long sought to study. Unfortunately, the Kahunas would not talk to Mr. Long or give him the time of day. Notwithstanding the above, Long had a "revelation" in 1934 that the religious practices were encoded in the Hawaiian language itself. Later Huna teachers linked Huna to aliens from certain star systems or connections with India or West Africa.

Despite the supposed link to Hawaii, Hawaiian scholars state categorically that Huna study is not, and never was, Hawaiian. Those connected with Max Long and Huna research, however, promote Huna as a source of empowerment, spirituality, energy, and metaphysical healing powers--something what you might get when you mix Tony Robbins and poi. In essence, a Huna is some sort of way to channel the power of positive thinking into a healing energy and, simply put, the new title of Huna is equated with "healer."

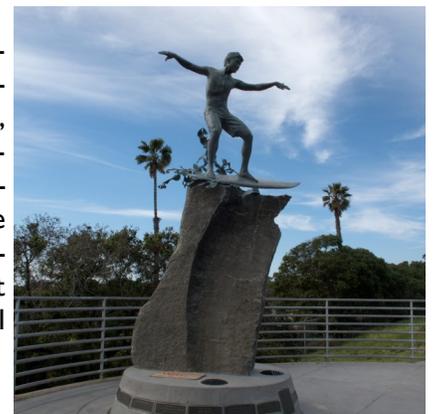
While I found this mildly fascinating, I could not bring myself to order the free CD from Huna.com (which would have put me on a list that assured endless phone calls and e-mails hawking "Just in to the Huna Store!"). What can be more fascinating than chanting my way to better health, you ask? It is that some have now endowed themselves with the title of "Huna" or "Healer" within the martial arts community.

That thought brought me back down Memory Lane to my very short-lived connection to surfing in the '60's. It was the time of the Beach Boys, the Surfariis and Jan & Dean. Being a surfer in high school was instant popularity. I owned the requisite surfboard, 9 feet, 6 inches in length, and had the requisite surf rack on my car. Canvas swim trunks, complete with stripe?--you bet! St. Christopher surfer medal?--never traveled to the beach without it! Wet suit jacket?--absolutely! Deep tan?--one of the best! An ability to stay on the surfboard?--not a prayer.

In looking back, I was what was termed a "hodad." A hodad, for those of you that missed the 60's (or attended too many Pink Floyd concerts and have blown out memories in that wing of the brain), was someone who posed as a surfer. As a matter of fact, I believe the current vernacular for a hodad is "poser." It was not that I wanted to be a hodad. I certainly spent time in the water trying not to be. However, I could not stay on a surfboard if my feet were Super Glued to it. That summer, I traded my canvas trunks for a judogi and a white belt.

I suppose that's why the use of the term, Huna, struck me so. Call me skeptical or a non-believer. I see those who fancy the new title as today's "hodad healers" who use the Hawaiian word as a connection to the Sandlewood Mountains, despite the fact that there is little, if any, nexus. In that Huna is "secret," it creates the new esoteric inner circle. The self-described Hunas hang onto the Hawaiian word like it was a longboard, for all to see--on the highway but not in the water. Moreover, it suggests considerable arrogance that a person would self-designate himself with a title. As I sit here, I see it as silly. If I really put thought into it, I suppose that I would find it sad. Then again, the road to enlightenment, I am told, is difficult--and virtually impossible without the free CD

POST SCRIPT: The most important, most honorific of all titles? Yes, campers, It is "sensei."



The Cardiff Kook is the modern day representation of a HODAD.



("A Look At..." continued from page FIVE)

After an evening of camaraderie, we were back on the mat Sunday Morning. Sensei Ashley Rebmann shared the Children's Program developed by Prof Ray Law, still in use today in Prof Rebmann's club. Then it was time to get busy with Tanju No Maki and Hawaiian Hanbo. This class was followed by an Open Forum class where all the

Professors shared the mat and taught their favorite techniques. After a slightly longer lunch, Prof Ingebretsen brought out the torture sticks and cement blocks to finish the day with sore ears and crumbled concrete.

I have fun at almost every event I go to. This was no exception. The camaraderie, combined with the high level of instruction made for an outstanding training environment. If this was any indication of what to expect in 2014, I am excited for the big 'Ohana event next June. Mark your calendars, you are not going to want to miss it.

Congratulations to all those who received rank promotions this weekend: Erik Smith – Shodan, Jose Benham – Nidan, Nancy Soares – Sandan, Kathleen Nicholas – Yodan, Ashley Rebmann – Godan, Charles Goodman – Rokudan, Mike Tucker – Rokudan, Chris Nicholas – Rokudan, Prof. Larry Nolte – Hachidan

Special thanks to Leslee Kufferath who was on hand to give massages in the method taught to her by her father, Senior Professor Sig Kufferath.





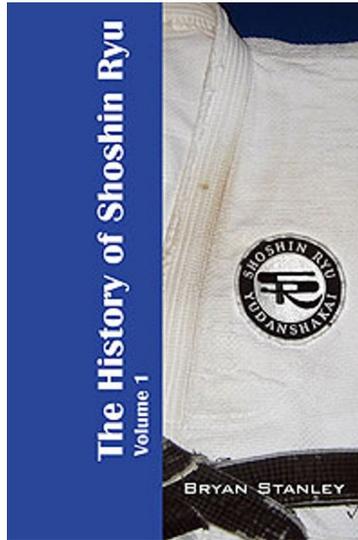
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The History of Shoshin Ryu, Vol. I

The History of Shoshin Ryu is now available on Amazon.com and on the OutskirtsPress websites. It took nine months to write and was produced through countless interviews with Professors Mike Chubb, Bill Fischer, Len Riley, Jon Jacques, Kevin Dalrymple, Steve McMillan, Roger Medlen, and a host of others. For some it will be a trip down memory lane, for others it will be an essential part of understanding the roots of Shoshin Ryu.

www.outskirtspress.com/bookstore/9781432786458.html

Click the book cover to go to Amazon.com

Be sure to visit the Danzan Ryu Bookstore at <http://www.danzan.com/HTML/bookstore.html>
You can find all sorts of Danzan Ryu related materials.

Danzan Ryu Hall of Fame



Congratulations to Professor Larry Nolte on his recent induction into the Danzan Ryu Jujitsu Hall of Fame.

In the late 1950s Larry Nolte began studying Danzan Ryu. He received his shodan in 1960 from Professor Bud Estes and Tom Ball.

After working out at the dojo for a couple of years, the chief instructor left and Professor Nolte has been the sensei of the Medford Judo Academy since 1962.

The Medford Judo Academy is the oldest dojo in southern Oregon and among the oldest in Danzan Ryu.