

# Shoshin Ryu Yudanshakai Newsletter

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## Perspective: Ohana 2007

by  
Bryan Stanley

Being in the air is the perfect place to gain a little perspective. Whether the time airborne is the interminable moment during that first fall from a hip throw or the relatively short flight between San Jose and Orange County, airborne moments offer a time to reflect.

So it is in the air, aboard flight 698, that I write this remembrance of the 2007 Ohana. In the air, yes, this is the place to find perspective.

“Overall, attendance is a little light,” George Arrington said Sunday afternoon. That statement was too true. Not one person at Ohana ’07 would say that it was crowded.

The low turn out only helped those who showed up. Rather than having 100 people wedged on a mat, fifty people crowded a mat. Jujitsuka got better information, fewer distractions, and more individual time with instructors. That, in and of itself, was a good enough reason to be at this year’s Ohana.

The level of instruction and the presentation of material was enjoyable. As an example, Professor Lee Eichleberger’s Small Circle Jujitsu seminar was totally fun. Prof. Eichleberger put a little twist on everything that made the mundane more attractive.

The other class of note was Professor Mike Belzer’s Filipino knife play class. He took the class through rudimentary knife movements and then applied them to open handed techniques. He worked on the idea of flow, and over the course of the hour, most everyone was flowing with the system he explained and integrating jujitsu. It was a blast.

Meanwhile in the next salon over, Professor Jon Jacques’ shinin class was rockin’ the house... literally. The temporary walls between the classes were thumping and swaying from the techniques they were doing.

Then came the curious case of Professor Bill Beach, who taught his class in tube socks, white pants, and a Hawaiian shirt. Because of his unconventional dress, many students looked for other classes. However, I heard from more than one source that his class was a knock out.

Everyone I talked with had a favorite class. Jon Boudreau from Shoshin Ryu Maine said that he had the most fun in Professor Dalrymple’s nage class – Yes, Professor Charlebois, you have created a throwing machine. Randy Carasco from Kaito Gakko Fullerton enjoyed doing the Kappo class with Professor Bob Hudson. Ask anyone who was at Ohana 2007, and chances are they will tell you they had fun.

The turn out for the Sunday contest was disappointing. Fewer than forty teams competed in the junior divisions, and so few competed in the senior divisions that it was more like a demonstration than a contest. (See **Perspective**, page four)

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## Yudansha Notes

### Camp Kokua '08

For the first time, Shoshin Ryu is going to work with the American Jujitsu Institute and put on Camp Kokua. This event will take place on between June 20-23 at Knott's Berry Farm.

On Friday night the event will start with a pupus party. Saturday will be a day full of clinics. Sunday will see the groundfighting contest followed by a banquet.

For more information visit the Camp Kokua website at [www.campkokua.com](http://www.campkokua.com) or [www.kaitogakkoryu.com](http://www.kaitogakkoryu.com).

### Shoshin Ryu Reunion '08

Shoshin Ryu will invade Knott's Berry Farm for a second time in 2008 for its annual reunion.

The 2008 reunion will again take place over Labor Day Weekend. The original plan was to hold the reunion over Memorial Day weekend, but the date was changed in order to support Camp Kokua.

The reunion weekend will have clinics, a contest, and a banquet. This event will have something for the entire family, so make your plans now.

### Ohana 2010

Shoshin Ryu will put on the next Ohana celebration in 2010 in Anaheim. If anyone has any questions about the year or location, contact Professor Kevin Dalrymple.

## Promotions

### Nidan:

Emigdio Rodriguez – Santa Ana  
Harold B. Stokes – Golden West, Riverside  
Robert Cotter – Tsuba Jujitsu, Merced  
Jayson Pickens – Mountainside SSR  
Tim Aames – Kaishin Kai

### Sandan:

Jeff Doyle – Tsuba Jujitsu, Merced

### Yodan:

Ramon Gallegos – Kaito Gakko, Fullerton

## Danzan Ryu Hall of Fame

### Professor Sam S. Luke

Elected 1994

Professor Sam S. Luke was born May 7, 1914, in Honolulu. He lived his boyhood in "Hell's Half-acre," reputedly the toughest neighborhood in Honolulu. Because of the gangster atmosphere of his neighborhood, he spent a lot of time running from trouble. This helped him later when he became a varsity letterman in track at Punahou School.

In 1941 Professor Luke joined Professor Okazaki's dojo in order to learn self-defense to protect himself from the neighborhood bullies. Unfortunately, the attack on Pearl Harbor on December 7, 1941, derailed Professor Luke's study with Professor Okazaki.

In 1943 Professor Luke joined Bing Fai Lau's dojo. In 1947 Professor Luke received his shodan, and a year later replaced Sigfried Kufferath as the assistant at Bing Fai Lau's dojo on Keheka Lane.

Professor Luke did not limit his instruction to just his dojo. He was chief jujitsu instructor at the Kamehameha School for Boys from 1949 to 1954. He also served as Chief Instructor at Punahou School from 1955 to 1957. While he did those things, he ran the Mikilua Dojo in Nanakuli. In 1950 he was appointed chair of the AAU judo committee. He held that position for the seven years.

Professor Luke was elected president of the American Jujitsu Institute in 1951. He was re-elected president every year until 1956. Meanwhile in April 1953, Professor Luke served as the coach for the Hawaiian team at the first AAU Judo Championship. The Hawaiian team went on to capture their first and only national title at that event.

In 1964 Professor Luke was again elected president of the A.J.I. He remained in the post for the next eleven years. During his second tenure as president, He established the A.J.I as an international organization by establishing member dojos in Canada, Guam, Japan, and the mainland United States. Professor Luke was unanimously voted a Professor of the (See **Professor Luke**, on page **three**)

(Professor Luke, cont. from page Two)  
Institution by the A.J.I. on August 3, 1973.

Away from the mat, Professor Luke was secretary of the Republican party of Hawaii for fifteen years, vice-president of the Pearl Harbor Hawaiian Civic Club, President of the Mikilua Improvement Club, President of Aliamanu Community Organization for twenty years, and President of the Aiea Ballroom Dance Club. He spent much of his life working for service organizations around Hawaii. In the later parts of his life, he was honored as the Outstanding Senior Citizen of Honolulu in 1982 and was appointed a Living Treasure by the City of Honolulu. He participated in so many service organizations that to list them all would take more space than this newsletter could afford.

In May 1984, Professor Luke was promoted to Judan by the A.J.I., the first such promotion for the organization.

Professor Sam S. Luke died in February 1988 at the age of seventy-three. He is survived by six children, fourteen grandchildren, and two great-grandsons. He spent his life in the service of others, which is perhaps the noblest venture a person can undertake.

## Black Belt Profile

**Name:** John Boudreau

**Rank:** Shodan

**Dojo:** Shoshin Ryu of Maine

**Years practicing the martial arts:** seven, almost eight.

**Styles studied:** Danzan Ryu and two years of Tae Kwon Do

**Favorite book:** *Thinning the Predators* by John Grisham

**Favorite food:** Spaghetti

**Favorite movie:** *Hero*

**Favorite actor:** Sean Connery

**Favorite actress:** Catherine Zeta Jones

**Favorite ice cream flavor:** Mint chocolate chip

**Favorite musical artist:** Garth Brooks

**Most memorable moment in martial arts:** Getting my black belt

**Favorite thing about practicing Danzan**

**Ryu:** Learning all the techniques and meeting people

**Four famous people I'd like to invite to**

**dinner:** Professor Okazaki, General MacArthur, Bruce Lee, and General Patton

**Biggest inspiration:** My dad because we started out pretty poor, and he has worked his entire life to get us where we are today.

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## Words of Wisdom

“Don’t ask for a light load, ask for a strong back.” – *Unknown*

“Do not believe in anything simply because you have heard it.

Do not believe in anything simply because it is spoken and rumored by many.

Do not believe in anything simply because it is found written in your religious books.

Do not believe in anything merely on the authority of your teachers and elders.

Do not believe in traditions because they have been handed down for many generations.

But after observation and analysis, when you find that anything agrees with reason and is conducive to the good and benefit of one and all, then accept it and live up to it.” -- *Buddha*

“It is curious that physical courage should be so common in the world and moral courage so rare.” – *Mark Twain*

“The highest reward for a man's toil is not what he gets for it, but what he becomes by it.”  
-- *John Ruskin*

"A bend in the road is not the end of the road...unless you fail to make the turn." -- *R. E. Rufing*

**(Perspective, cont. from page one)**

However, the teams that competed in the contest did a great job. A special commendation has to be given to Kaulana Stanely from Waianae. His Uki Otoshi was the throw of the day. To put it simply, he nailed it. To see such skill from a ten-year-old boy was inspiring and a little frightening. Pity anyone who meets him in a randori contest.

The kata contest was finished by lunch time, and that gave everyone a chance to do some sight seeing, swim in the pool, or take a nap and get ready for the banquet.

An Ohana banquet is an Ohana banquet is an Ohana banquet. The format has been the same since the 1990s: The host gives a greeting, we eat some food, organizations hand out plaques and promotions, then we say goodnight. I begged and pleaded for the black belt roll call, but George Arrington shot me down.

Since he has been mentioned, this is a good time to say that Professor Tony Janovich, Professor George Arrington, and the Kodenkan Danzan Jujitsu Association put on a wonderful weekend. On behalf of Shoshin Ryu, thank you for your hard work making sure that this was the best weekend it could be.

The first presenters of the night were American Jujitsu Institute professors Sam Luke, Charlie Lee, and Dan Saragosa, who gave Shoshin Ryu's Professor Carlos Gallegos and Professor Ron Jennings Associate Professorships. They also presented Carlos with the first Bachelor's Degree in Danzan Ryu offered by the institute. The AJI again honored Professor Jennings with recognition as a teacher by awarding him the title of Hanshi.

When Shoshin Ryu had time on the microphone, many senseis stepped forward to promote students up the dan ladder. (For a full list of those promotions, see page two.) After that Shoshin Ryu professors Jon Jacques and Kevin Dalrymple gave the Instructor of the Year Award to Professor Ron Jennings, The Lamplighter Award to Grandmaster Alexander Archie, the Luciani Service Award to Professor Carlos Gallegos, and the Francisco Limbago Spirit of Kokua Award to Professor Douglas Kiehl.

Professor Len Riley received the first Lifetime Achievement Award given by Shoshin Ryu. So what is a lifetime in the martial arts like? Professor Riley has been active in the martial arts since the 1960s. He has a black belt in Karate and is a Hachidan in Danzan Ryu. Perhaps his most stellar achievement can be seen by his dedication to the art. Like a Jujitsu Johnny Appleseed, he has started dojos everywhere he has lived. Futhermore he has fostered more black belts than any other Shoshin Ryu professor.

The last few events at the banquet were Professor George Arrington's giving the Danzan Ryu Heritage Award to Professor Dan Saragosa and the promotion of Professor Tony Janovich to Judan by the Kodenkan Danzan Jujitsu Association.

This plane is about to land. On land perspective changes back to the ordinary. Hopefully all those who attended the weekend will carry with them the spirit of Ohana and spread that feeling among everyone they meet.

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## **Shoshin Ryu Board of Directors**

In an order to maintain open communication between the board of directors and the members of Shoshin Ryu, here are the e-mail addresses of the members of the board.

Treasurer, Professor Owen Gallagher  
Memberships, Professor Kevin Dalrymple  
Events, Professor Jon Jacques  
Information/Newsletter, Professor Bryan Stanley

Owen2aji@gte.net  
Kcdalco@aol.com  
Srokudan@ca.rr.com  
SRYNewsletter@aol.com

## 2007 Ohana Nationals Results

Division	Name	Division	Name
<b>4-5 inter.</b>	1 <sup>st</sup> Mackenzie Davis	<b>13-15 Int.</b>	1 <sup>st</sup> Sarah Bachlena Emily Bachlena
<b>6-8 Nov</b>	1 <sup>st</sup> Xavier Pelican Matthew Myers		2 <sup>nd</sup> Phillip Krouts Barry Westlake Jr.
	2 <sup>nd</sup> Calee Taylor		3 <sup>rd</sup> Priti Chamdal
	3 <sup>rd</sup> Stetson Moratus Anthony Acob	<b>13-15 Adv.</b>	1 <sup>st</sup> Mindy DeCastro Jayna Yonekura
<b>6-8 Adv</b>	1 <sup>st</sup> Ariel Sorenson Christian Chhom	<b>16-17 Adv</b>	1 <sup>st</sup> Maya Parker Paul Impey
<b>9-10 Nov</b>	1 <sup>st</sup> Alana Acob Alexis Acob		2 <sup>nd</sup> Jimmy Luu Jason Woo
	2 <sup>nd</sup> Carlena Ascencio Landyn Olayon	<b>Senior Nov.</b>	1 <sup>st</sup> Derek Purdy Chrissy Purdy
<b>9-10 Inter</b>	1 <sup>st</sup> Stanley "Kalani" Kawelo Stanton "Kini" Kawelo	<b>Senior Int.</b>	1 <sup>st</sup> Van Mook Ed Lam
	2 <sup>nd</sup> Mako Galletes Bryana Lagmay		2 <sup>nd</sup> John Bergman Su Yoone
	3 <sup>rd</sup> Charles Freitas Jr. Copeland Talkington	<b>Senior Adv.</b>	1 <sup>st</sup> Beau Barber 2 <sup>nd</sup> Lan Luu Hironi Maxmell
<b>9-10 Adv</b>	1 <sup>st</sup> William Domen Kaulana Stanely	<b>Shodan</b>	1 <sup>st</sup> Michelle Dias 2 <sup>nd</sup> David Taylor 3 <sup>rd</sup> Mick Simmons Peter Goss
	2 <sup>nd</sup> Hannah Chen Charlemalne Pelican		
	3 <sup>rd</sup> Kristen Chhom Brandon Phan	<b>Nidan/Sandan</b>	1 <sup>st</sup> Joshua Parker Matthew DiPrima
<b>11-12 Nov</b>	1 <sup>st</sup> Rhett Hayden Cellilli Erway		2 <sup>nd</sup> Robert Rainey Greg Portrez
	2 <sup>nd</sup> Sebastian Santiago		3 <sup>rd</sup> Terry Woo Christopher Woo
<b>11-12 Int.</b>	1 <sup>st</sup> Jessica Kveen		3 <sup>rd</sup> Dennis Dias Andrew Chhom
	2 <sup>nd</sup> Maegan Tupinio		
	3 <sup>rd</sup> Sylvia Mean Lesly Garcia	<b>Team Awards</b>	1 <sup>st</sup> Alameda Judo and Jujitsu 2 <sup>nd</sup> Waianae 3 <sup>rd</sup> Amador 4 <sup>th</sup> Hino de Ryu
<b>11-12 Adv</b>	1 <sup>st</sup> Danielle Elvenia Alton Barcase		
	2 <sup>nd</sup> Anthony Sorenson Natalie Karing		

# The Literary Ninja

*Passing the Guard: Brazilian Jiu-Jitsu Details and Techniques Vol. 1*

Ed Beneville and Tim Cartmell

200 pages

\$36.95

Whatever your belief is about Brazilian Jujitsu in particular and groundfighting in general, here is a book that will take some of the mystery out of the ground game.

Like the title says, the book is dedicated to passing the guard, but it is more than that. Not only does it go into great depth on how to pass the guard, but it offers solutions to get out of the butterfly guard, the omo plata, the half-guard, and any myriad of different situations.

*Passing the Guard* also provides a long list of attacks that can be used both in and out of the guard.

The book has very little text. It is picture driven; however, unlike many martial arts books where the practitioner appears to magically go from technique to safety, this book provides eight and nine frame sequences to demonstrate the technique. On top of that, they also show the technique from more than one angle. Consequently, it is very easy to follow what is being demonstrated.

Ed Beneville and Tim Cartmell have written a very fine book. On the Literary Ninja's scale of white to black belt, I give *Passing the Guard: Brazilian Jiu-Jitsu Details and Techniques Vol. 1a* BROWN belt.

-- *The Literary Ninja*

**AMERICAN JUJITSU INSTITUTE PRESENTS**

# **CAMP KOKUA 2008**

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**June 21<sup>st</sup>**  
Clinics (all day)

**June 22<sup>nd</sup>**  
Competition (all day)  
Banquet (starts 6pm)

**June 23<sup>rd</sup>**  
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or any of the following websites

for registration information:

[www.kaitogakkoryu.com](http://www.kaitogakkoryu.com)

[www.ocjujitsu.homestead.com](http://www.ocjujitsu.homestead.com)

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